

Human Adipocyte fatty acid-binding protein (a-FABP)

ELISA Kit instruction

MBS814199

Intended use

The kit uses a double-antibody sandwich enzyme-linked immunosorbent one-step process assay (ELISA) to assay the level of Adipocyte fatty acid-binding protein (a-FABP) in samples.

Add standard, test sample and HRP-labeled Adipocyte fatty acid-binding protein (a-FABP) antibodies to enzyme wells which are Pre-coated with Adipocyte fatty acid-binding protein (a-FABP) antibody, then carry out incubation and wash to remove the uncombined enzyme. Upon adding Chromogen Solution A and B, the color of the liquid will change into blue, and the reaction with the acid will cause the color to become yellow. The depth of color and the concentration of the Adipocyte fatty acid-binding protein (a-FABP) sample are positively correlated.

Performance Kit

1. **Assay range:** 15.6ng/ml- 500ng/ml
2. **Assay method:** The kit uses a double-antibody sandwich enzyme-linked immunosorbent one-step process assay (ELISA).
3. **Characteristics:** For content determination in serum, plasma, cell culture supernatant, tissue homogenate and any other biological fluid.
4. **Accuracy:** Standard linear regression correlation coefficient R with the expected value of the concentration, greater than or equal to 0.9900.
5. **Specificity:** This kit has no cross-reaction with other soluble structural similar object.
6. **Repeatability:** The plate coefficient of variation is less than 15%.
7. **Plate type:** Pre-coated, 8*12 strips, 96 wells
8. **Reliability:** Can be performed within two hours. Contrary to traditional Elisa methods, only a single incubation and wash step is required, resulting in fewer handling steps, which reduce errors and deliver more consistent results. Thorough and regular tests of the system guarantee the stability and reliability of the kit.

Sample Collection and Storage

1. Samples that contain NaN₃ cannot be detected, because NaN₃ inhibits HRP.
2. Serum: During the operation, use non-pyrogenic and endotoxin tubes, to avoid any cell stimulation, collect blood; centrifuge 3000 rpm for 10 minutes. Carefully separate the serum and red blood cells as quickly as possible. If precipitation appears, centrifuge again.
3. Plasma: Use suited EDTA citrate or heparin as an anticoagulant, mix 20 minutes, centrifuge 30 minutes at the speed of 3000 rpm, collect supernatant. If precipitation appears, centrifuge again.

4. Homogenate: Homogenize with saline buffer and centrifuge for 10 minutes at the speed of 3000 rpm, then get supernatant for detection.
5. Urine: Collect with sterile container, centrifuge for 20 minutes at 2000-3000 rpm. Collect supernatant. If precipitation appears, centrifuge again. Use this description to also process hydrothorax and cerebrospinal fluid.
6. Cell culture supernatant: When secretory components want to be detected, collect with a sterile container. Centrifuge for 20 minutes at 2000-3000 rpm, collect supernatant. When the composition of cells is detected, dilute cell suspension with PBS (pH 7.2-7.4); work with a cell concentration of 1 million cells/ml. Repeated freeze-thaw cycles, damage cells and release intracellular components. Centrifuge for 20 minutes at 2000-3000 rpm. Collect supernatant. If precipitation appears, centrifuge again.
7. Tissue samples: After cutting samples, check the weight, add PBS (pH 7.4), Rapidly freeze with liquid nitrogen, keep samples at -2-8°C after melting, add PBS (pH 7.4), Homogenize by hand or Grinders, centrifuge for 20 minutes at the speed of 2000-3000 rpm. Collect supernatant.
8. Storage: Serum, plasma, and cell culture fluid samples should be used within 7 days, stored at -2-8°C, otherwise samples must stored at -20°C (=2 months) or -80°C (=6 months) to avoid loss of bioactivity and contamination. Avoid freeze-thaw cycles. Take out the sample and wait until the temperature turns into room temperature before performing the assay.

DO NOT USE HEAT-TREATED SPECIMENS.

Materials Required but not Supplied

1. Standard micro-plate reader (450nm).
2. Precision pipettes and Disposable pipette tips.
3. 37 °C incubator.
4. Distilled or de-ionized water.
5. Data analysis and graphing software.
6. Tubes to prepare standard or sample dilutions.
7. Adjustable 10ml -100ml pipettes for reagent preparation.
8. 100 ml and 1 liter graduated cylinders.
9. Absorbent paper.

Warnings and Precautions

1. Avoid contact with eyes, skin and mucous membrane. In case of contact, wash affected area with plenty of water immediately.
2. Bring kit components out of the fridge for at least 30 minutes before its use. If the Enzyme coated plates are not used immediately after being opened, the remaining plates should be stored in a sealed bag in time. The concentrated washing liquid, which was removed from the refrigerator, may contain some crystals. This is a normal phenomenon. Please completely dissolve before used. Dilute by 1:19 which is 20 times.
3. The operation should be carried out in strict accordance with the instructions. Test results must be based on the readings of the Enzyme reader.

4. For each step, add sample by using a pipette, which should be calibrated frequently, in order to avoid unnecessary experimental errors.
5. In order to avoid cross-contamination, it is forbidden to re-use the tips and seal plate membrane.
6. All liquid components should be well mixed before its use.
7. Samples should be collected in pyrogen/endotoxin-free tubes.
8. Samples should be frozen if not analyzed shortly after collection. Avoid multiple freeze-thaw cycles of the samples. Thaw completely and mix well prior to analysis.
9. When possible, avoid use of badly hemolyzed or lipemic serum. If large amounts of particulates are present, centrifuge or filter before analysis.
10. It is recommended that all standards, blank control and samples be run in duplicate.
11. The unused reagents shall be put up or covered. Do not mix use reagents with different batches, and use them before expired date.
12. Read absorbances within 2 hours of assay completion.
13. Chromogen Solution is light sensitive. Avoid prolonged exposure to light. Also avoid contact with metal.
14. All samples, washing buffer and each kind of waste should be processed according to infective material procedures.
15. (1) Standard diluent: only used for dilute standard and used as blank controls.
(2) Sample diluent: only used to dilute sample in the assay and there is no other usage.

Materials Supplied

Reagents(store at 2-8℃)	1×96Wells	Pre-coated
96 wells	12*8strip	Ready to use
Standard (500ng/ml)	0.6ml	Dilute according to instructions
Standard diluent	6.0ml	Could be used as blank controls
Sample diluent	6.0ml	Ready-to-use
HRP-Conjugate reagent	6.0ml	Ready-to-use
20X Wash solution	20ml	Dilute according to instructions
Chromogen Solution A	6.0ml	Ready-to-use
Chromogen Solution B	6.0ml	Ready-to-use
Stop Solution	6.0ml	Ready-to-use
Microplate Sealers	2	Ready-to-use
User manual	1	Ready-to-use
Sealed bags	1	Ready-to-use

Note: Dilute the Standard with Standard diluents in the method of Multiple proportion dilution, and the concentrations are as follows: 500、200、125、62.5、31.2、0 ng/ml

Reagent Preparation

20 × dilution of washing buffer: distilled water, diluted by 1:20, or 1 copy of the 20 × washing buffer plus 19 copies of the distilled water

Washing Method:

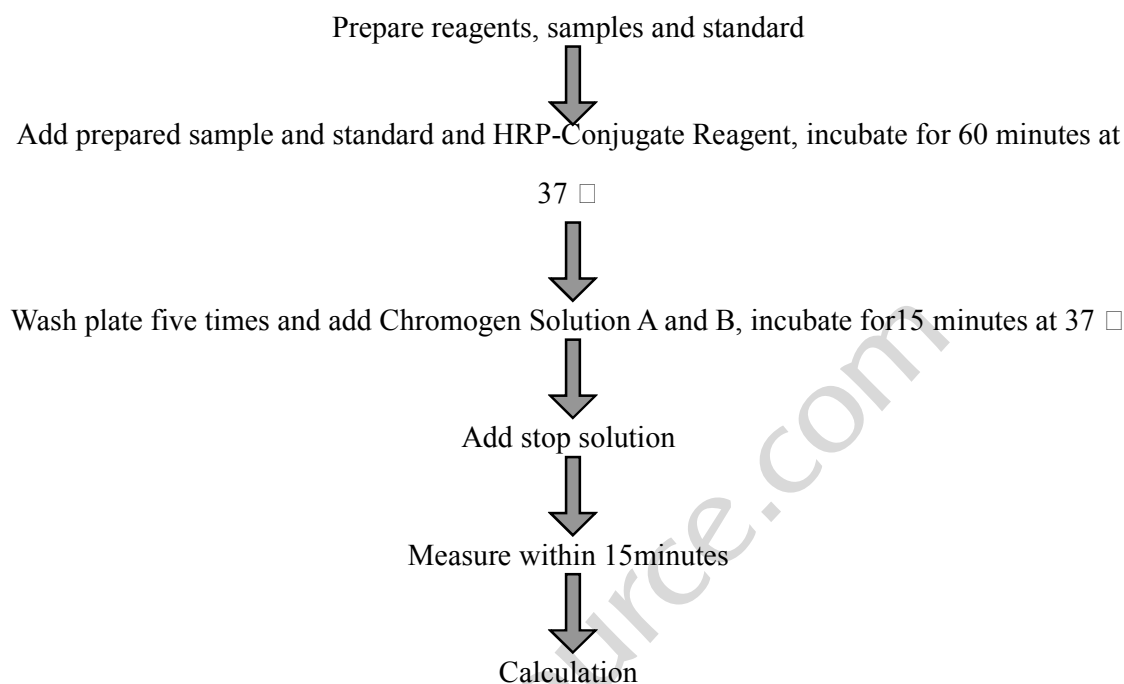
Manually washing method: Empty the plate by inverting it and shaking the content out, and tap it on the absorbent papers to dry. Add at least 0.35ml washing solution into each well, and soak the plate for 1~2 minutes. Repeat this process 5 times. Pay attention to avoid spillover.

Automatic washing method: If there is an automatic washing machine, it should only be used in the test when you are quite familiar with its function and performance.

Operation Steps:

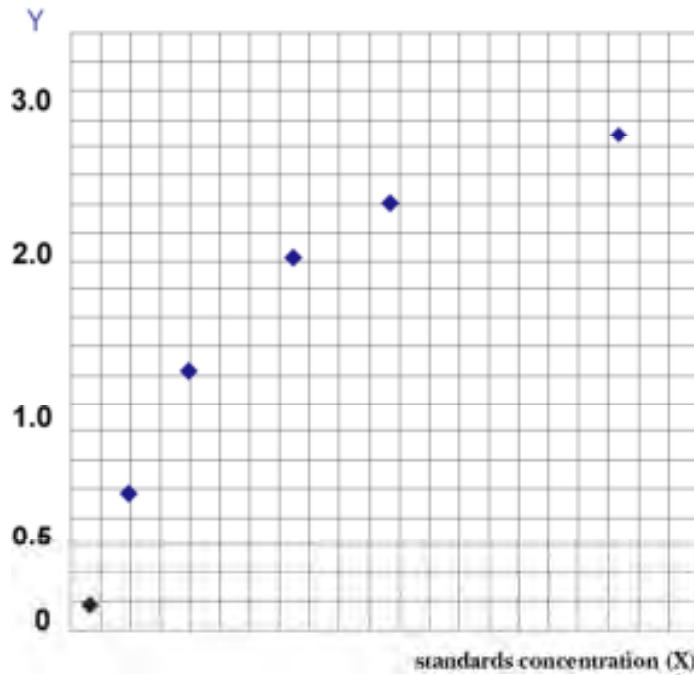
1. The quantity of the strips depends on the quantity to-be-tested samples and the standards. It is suggested to duplicate each standard and blank well. Every sample should be made according to your required quantity, and try to use the duplicated wells for samples as well.
2. Set blank wells, standard wells, and test sample wells respectively:
 - (1) Blank well: do not add samples and horseradish peroxidase (HRP), other operations are the same.
 - (2) Standard wells: Add standard 50µl to Standard wells.
 - (3) Test sample wells: Add 40µl of sample diluent and then add 10µl of sample. (The final sample dilution is five times and the final result calculation should be multiplied by five times).
 - (4) Add 50µl of horseradish peroxidase (HRP) into each well, except blank well. Then seal the plate, and gently shake, then incubate 60 minutes at 37 °C.
3. Discard Liquid excess, drying, fill each well with diluted washing liquid, mix and shake for 30 seconds, discard the washing liquid and tap the plate into absorbent papers to dry. Repeat five times, and then pat dry.
4. Add 50µl of chromogen solution A to each well, and then add 50µl of chromogen solution B to each well. Gently shake and incubate for 10 minutes at 37°C away from light.
5. Stop: Add Stop Solution 50µl into each well to stop the reaction (the blue changes into yellow immediately).
6. Final measurement: Set blank well zero, measure the optical density (OD) at 450 nm wavelength which should be carried out within 15 minutes after adding the stop solution.
7. According to standards' concentration and the corresponding OD values, calculate out the standard curve linear regression equation, and then apply the OD values of the sample on the regression equation to calculate the corresponding sample's concentration. It is acceptable to use a variety of software to make calculations.

Summary Procedures



Determining the Results

1. This standard curve is used to determine the contents in an unknown sample. The standard curve is generated by plotting the average O.D. (450 nm) obtained for each of the six standard concentrations on the vertical (Y) axis versus the corresponding concentration on the horizontal (X) axis.
2. To determine the amount in each sample, first locate the O.D. value on the Y-axis and extend a horizontal line to the standard curve. At the point of intersection, draw a vertical line to the X-axis and read the corresponding concentration.
3. Any variation in the operator, pipetting and washing technique, incubation time or temperature, and kit age can cause a variation in the result. Each user should obtain their own standard curve.



(this curve is for reference only)

Package size: 96 T

Storage: 2-8°C

Validity: Six months

**PLEASE CAREFULLY READ THIS INSTRUCTION MANUAL BEFORE USE.
TO BE USED ONLY FOR RESEARCH PURPOSES,
NOT TO BE USED FOR MEDICAL DIAGNOSIS.**